

**GF** Gluten Free  
**VG** Vegan  
**VT** Vegetarian  
**DF** Dairy Free  
Gluten Free Bread Available

CONSUMING RAW OR  
UNDERCOOKED MEATS,  
POULTRY, SEAFOOD,  
SHELLFISH OR EGGS MAY  
INCREASE YOUR RISK OF  
FOODBORNE ILLNESS



**SOUP OF THE DAY**  
7.95

**LOADED SOUP**  
8.95



## BREAKFAST

### 24 HOUR OATMEAL [GF, DF]

Overnight Oats, Strawberry Jam, Seasonal Fruits, Caramelized Walnuts, Pumpkin Seeds, Flax + Hemp + Chia Seeds, Honey, Cashew Butter

9.95

### STARRY NIGHT AÇAÍ BOWL [VG, GF, DF]

Banana, Apple, Coconut Chips, Bee Pollen, Chia Seeds, Star Fruit, Dragon Fruit, Golden Berry, White Chocolate

14.95

### BREAKFAST SANDWICH

Bacon Jam, Lettuce, Tomato, Avocado, Scrambled Eggs, Semolina Roll

11.45

### THE MANHASSET

Spinach, Tomato, Halloumi Cheese, Scrambled Eggs, Roasted Peppers, Basil + Paprika Mayo, Semolina Roll

11.45

### AVOCADO CRUSH [VT, DF]

Avocado, Dukka Spice, Shave Asparagus, Poached Eggs, Hollandaise Sauce, Country Batard

14.95

### KOULOURI + POACHED EGGS [VT]

Sesame Bread, Greek Yogurt, Poached Eggs, Cherry Tomatoes, Chive Oil, Miso Green Sauce

15.95

### AVODAISE EGGS BENEDICT BLT

Watercress, Tomato, Maple Harissa Bacon, Poached Eggs, Avocado Sauce, Brioche Bun

15.95

### SALMON PASTRAMI

Pumpernickel Bread, Mascarpone Spread, Cucumber, Salmon, Micro Greens, Salmon Roe

16.95

### BANANA PUDDING PANCAKES

Banana Pancakes, Vanilla Custard, Whipped Cream Ice Cream, Caramelized Bananas, Toasted Pecans

16.95

### OKONOMIYAKI

Shrimp, Bacon, Cabbage, Nagaimo, Dashi, Dry Bonito Flakes, Scallion, Okonomiyaki Sauce

16.95

### SPANISH OMELETTE

Potatoes, Onions, Eggs, Serrano Ham Pate, Tomato Crostini

15.95

## LUNCH

### ALMOND CHICKEN SALAD

Frisse, Cherry Tomatoes, Shredded Chicken, Toasted Almonds, Grapes, Poached Egg, Parsley Vinaigrette

15.95

### TUNA POKE [DF, GF]

Baby Spinach, Cucumber, Edamame, Wakame, Ahi Tuna, Avocado, Glazed Japanese Eggplant, Seaweed Flakes, Carrot Ginger + Sriracha Dressing

16.95

### KOREAN CHICKEN BAO BUNS

Marinated Chicken, Pickled Carrots, Cabbage, Cucumber

15.95

### LONG ISLAND STREET CORN SALAD [GF, VT]

Smoked Corn, Avocado, Red Peppers, Radish, Cilantro, Arugula, Cotija Cheese, Tortilla Chips, Creamy Lime Dressing

14.95

### DOLSOT BIBIMBAP [VT, GF, DF]

Baby Spinach, Brussels Sprouts, Zucchini, Glazed Shiitake, Brown Rice, Scrambled Egg, Gochujang Sauce (Sub Cauliflower Rice)

16.95

### CHICKEN BANH-MI

Marinated Chicken Thighs, Cucumber, Carrots, Purple Cabbage, Sriracha + Cilantro Mayo, Italian Bread

15.95

### CHICKPEA SALAD SANDWICH [DF, VG]

Smashed Chickpea, Celery, Red Onion, Avocado Spread, Cucumber, Tomato, Alfalfa Sprouts, Tahini Miso Mayo, Seven Grain

14.95

### DUCK RAMEN

Duck Breast, Enoki, Hens of The Woods Mushroom, Jammy Egg, Bamboo Shots, Spicy Sauce, Seaweed Flakes

19.95

### CHIMICHURRI STEAK SANDWICH

Skirt Steak, Jicama, Jicama Remoulade, Arugula, Chimichurri, Caramelized Onions

16.95

### TUNA SANDWICH

Tuna, Cranberries, Mayo, Celery, Green Olives, Arugula, Baguette

14.95